# BHA MEAL PROGRAM Q & A



#### Who cooks the meals for the lunch and dinner at 16 River?

The meals are prepared by catering manager Joe Reilly at MEC. The freshly prepared meals are brought over to BHA each day. Joe also prepares meals for about 200 students at MEC each day, and the meals are served at a café at MEC which is open to the public.

#### What is included in the cost of the meal?

Lunch is \$2.00 and weekend dinner is \$1.00. In addition to the main entrée and sides, we also provide cold drinks, coffee, tea and dessert.

#### I don't like every meal on the menu. Can I sign-up for a just the meals I like?

Yes. Some tenants come to every meal, and others only come for the few meals that they enjoy.

### It is hard for me to get around. Is anyone available to help serve?

MEC sends a job coach Alexis and students to set-up, serve, and clean up. If you need assistance, they are there to help! During the weekend dinner, a homemaker from Supportive Care serves the meal and can assist anyone who needs help.

# Can I bring a guest?

Yes. You must accompany your guest and eat with them. The cost for guests is \$5.00.

#### What days and times are the meals served?

Lunch is served Monday-Friday at 12:00 pm. Dinner is served on Saturday and Sunday at 5:00 pm.

# How do I sign-up for some meals?

You can visit or call Maureen to sign-up for lunches. If you want to attend the weekend dinner, you can just show up without signing up in advance.